

## Post Care

***Now that you have completed your first service, let's go through a few things that will be important for your after care journey at home.***

Here is what you can expect; because your skin is not familiar with the electrolysis process, after an appointment it is normal for your skin to have a few different responses and go through a healing process between 2-14 days after your appointment.

Some of those responses include:

- Swelling
- Redness
- Agitation/ Irritation
- Tenderness/ Soreness
- Hyperpigmentation
- Light Scabbing

Although these responses are to be expected, none of them are permanent. We strongly recommend a few do's and dont's to aid and expedite your healing time after your treatment.

Please Do:

- Feel free to take ibuprofen to reduce any swelling or tenderness within first few days of treatment.
- Apply cold compress after treatment to help soothe skin and reduce swelling that may occur
- Apply Calamine lotion overnight to treated area. (Rinse gently in the morning with anti bacterial soap and water, Do NOT scrub off)
- Clean the area twice every day with Witch Hazel. (Once before starting the day , once before you apply Calamine lotion for bed)
- Apply Aloe Vera or Antibiotic Ointment on treated area during the day.
- Allow scabbing (if any) to fall off on its own.

Please Do NOT:

- Do not Exfoliate the area being treated within 24 hours of your appointment time
- Do not use your normal facial regimen or products on treated area during your healing time.
- Do not continually touch your face during your healing time ( this is to prevent infection)
- Do not wear material/clothing that will constantly rub against treated area. (This includes a mask)
- Do not scrub or rub skin aggressively.
- Do not pick at scabs after treatment ( PICKING CAUSES SCARRING)
- Do not pick at skin at all.

We advise these things after treating you for your best results.

If you have any questions or concerns regarding your skin after your treatment we are happy to assist you.